

# Northern River Karate School

## Purple Belt

For your First Stripe you need to know:

*Kanshu Kata, , and*

*Tenshin Zensoku Geri, Tenshin Kosoku Geri and  
Tenshin Shoken Tsuki  
(from Hojo Undo)*

Question: What does "Power" mean?

Answer: Heavy movements and effective hits  
by

- a. hitting with the whole body, with
- b. glare,
- c. good posture,
- d. good stances, and
- e. good technique.

For your Second Stripe you need to know:

*Kanshiwa Four Person Bunkai and*

*Shomen Hajiki (from Hojo Undo)*

For your Third Stripe you need to know:

*Koi No Shippo Uchi Tate Uchi, Koi No Shippo Uchi  
Yoko Uchi (from Hojo Undo),*

*Sanchin Kata,*

*Kotekitae,*

*Kyu Kumite and*

*Jiyu Kumite*

Question: What are the names for the Uechi  
Ryu Dan Ranks?

Answer:

*Shodan,*

*Nidan,*

*Sandan,*

*Yondan,*

*Godan,*

*Rokkyudan,*

*Shichidan,*

*Hachidan,*

*Kudan,*

*(Judan).*

For your Gokyu (green belt) test you need to know:

*Standing Meditation,*

*Sanchin Kata,*

*Kotekitae,*

*Hojo Undo,*

*Kanshu Kata,*

*Kanshiwa Four Person Bunkai,*

*Kyu Kumite and*

*Questions.*